

OCTOBER

Pine Strawberry Thrift Shop & Dining Hall
Activities

2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Cultural Hall Yoga 9:00 am - 10:00 am Dining Hall Open Games 12:30 pm - 4:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Bingo 1:00 pm - 3:30 pm	FESTIVAL	FESTIVAL
5	6	7	8	9	10	11
	Cultural Hall FOOD BANK-No exercise class Dining Hall Mahjong 1:00 pm - 4:00 pm Open Games 12:30 pm - 4:00 pm Bible Study 3:00 - 5:00 pm	Cultural Hall FOOD BANK-No exercise class Dining Hall Hand and Foot 12:30 pm - 4:00 pm	Cultural Hall Yoga 9:00 am - 10:00 am Dining Hall Hand and Foot 12:30-4:00 pm Sequence 12:30 pm - 4:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am	Cultural Hall Yoga 9:00 am - 10:00 am Yin Yoga 10:30 am - Noon Dining Hall Trivia 11:45 am Open Games 12:30 pm - 4:00 pm	Dining Hall Slow Flow Yoga 8:00 am-8:45 am Chair Yoga 9:00 am-9:45 am
12	13	14	15	16	17	18
	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Mahjong 1:00 pm - 4:00 pm Open Games 12:30 pm - 4:00 pm Bible Study 3:00 - 5:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Hand and Foot 12:30 pm - 4:00 pm	Cultural Hall Yoga 9:00 am - 10:00 am Dining Hall Hand and Foot 12:30-4:00 pm 10 Pennies 12:30 pm - 4:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Bingo 1:00 pm - 3:30 pm	Cultural Hall Yoga 9:00 am - 10:00 am Yin Yoga 10:30 am - Noon Dining Hall Trivia 11:45 am Open Games 12:30 pm - 4:00 pm	Dining Hall Slow Flow Yoga 8:00 am-8:45 am Chair Yoga 9:00 am-9:45 am
19	20	21	22	23	24	25
	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Mahjong 1:00 pm - 4:00 pm Open Games 12:30 pm - 4:00 pm Bible Study 3:00 - 5:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Hand and Foot 12:30 pm - 4:00 pm	Cultural Hall Yoga 9:00 am - 10:00 am Dining Hall Hand and Foot 12:30-4: pm Open Games 12:30 pm - 4:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am	Cultural Hall Yoga 9:00 am - 10:00 am Yin Yoga 10:30 am - Noon Dining Hall Trivia 11:45 am Arts Party 1:00 pm - 4:00 pm	Dining Hall Slow Flow Yoga 8:00 am-8:45 am Chair Yoga 9:00 am-9:45 am
26	27	28	29	30	31	
	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Mahjong 1:00 pm - 4:00 pm Open Games 12:30 pm - 4:00 pm Bible Study 3:00 - 5:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am Dining Hall Hand and Foot 12:30 pm - 4:00 pm	Cultural Hall Yoga 9:00 am - 10:00 am Dining Hall Hand and Foot 12:30-4:00 pm Open Games 12:30 pm - 4:00 pm	Cultural Hall Exercise Class 9:00 am - 10:30 am	Cultural Hall Yoga 9:00 am - 10:00 am Yin Yoga 10:30 am - Noon Dining Hall Trivia 11:45 am Afternoon Movie 1:00 pm - 3:00 pm	